

Table 5. Red Flags in the pre-school aged child (1-5 years) - Indications for referral

Sign/symptom	✓	/	✗
Labored breathing			
Rib retractions			
Fever			
Reduced urinary output (dehydration)			
Slow or halted growth <i>Weight, height, head circumference</i>			
Halted or regression of development (loss of skills)			
Marked difference between left and right sides of body <i>Strength, tone</i>			
Marked high or low tone, especially with impact on motor skills/development			
Extreme lethargy, difficulty rousing			

Table 5. Red Flags in the pre-school aged child (1-5 years) - Indications for referral continued

Age	Developmental skills		✓ / ✗
>1 year	Fine motor	Unable to do the following:	
		Point with finger to picture in book	
		Hold a cup	
		Hold a toy with both hands at midline	
	Gross motor	Not sitting upright steadily	
		Not crawling	
		Unusual crawling pattern	
		Not pulling up to standing	
>2 years	Fine motor	Unable to do the following:	
		Scribble	
		Stack at least four blocks	
		Put round or square pegs into holes	
	Gross motor	Frequent falling and difficulty with stairs	
		Cannot stand alone at 14 months	
		Cannot walk by 18 months	
		Fails to develop a mature heel-toe walking pattern Walks exclusively on toes	
		Not jumping by 30 months of age	
		“Walking” their hands up their bodies to achieve a standing position	
>3 years	Fine motor	Still “toeing in” at two years of age	
		Unusual creeping patterns	
		Cannot grasp a crayon between thumb and fingers	
	Gross motor	Cannot copy a circle	
		Cannot stack 4 blocks	
		Cannot jump in place	
>4 years	Fine motor	Cannot ride a trike	
		Cannot stand tandem	
		Movements seem shaky or stiff	
		Arms and hands seem very weak	
		Is not able to cut a piece of paper with scissors	
	Gross motor	Cannot copy a cross (+)	
		Is not able to draw a circle and straight lines	
		Stands out from the group in structured motor tasks	
		Difficulty getting up from floor	
		Excessive slouching during sitting activities	
>5 years	Fine motor	Limping	
		Cannot climb stairs alternating feet	
		Cannot hop	
		Movements seem shaky or stiff	
		Arms and hands seem very weak	
	Gross motor	Is not able to cut along a straight line	
		Is not holding her crayons or pencils with her thumb and fingers	
		Is not able to draw a circle, square and cross	
		Cannot hop on one foot	
		Cannot jump	
		Cannot throw a ball	
		Cannot bounce a ball	
		Cannot skip	
		Cannot stand on one foot	
		Cannot walk on a balance beam	
		Fatigue during movement activities	