

**Table 5. Red Flags in the pre-school aged child (1-5 years) - Indications for referral**

| Sign/symptom  |                                    | ✓  | / | ✗ |
|---|------------------------------------|--|---|---|
| Labored breathing   |                                    |  |   |   |
| Rib retractions   |                                    |  |   |   |
| Fever   |                                    |  |   |   |
| Reduced urinary output (dehydration)  |                                    |  |   |   |
| Slow or halted growth   |                                    |  |   |   |
| <i>Weight, height, head circumference</i>                                   |                                    |  |   |   |
| Halted or regression of development (loss of skills)                        |                                    |  |   |   |
| Marked difference between left and right sides of body                      |                                    |  |   |   |
| <i>Strength, tone</i>   |                                    |  |   |   |
| Marked high or low tone, especially with impact on motor skills/development |                                    |  |   |   |
| Extreme lethargy, difficulty rousing  |                                    |  |   |   |
| Age   | Developmental skills               | ✓  | / | ✗ |
| >1 year   | Fine motor                         | <i>Unable to do the following:</i>   |   |   |
|   |                                    | Point with finger to picture in book   |   |   |
|   |                                    | Hold a cup   |   |   |
|   |                                    | Hold a toy with both hands at midline  |   |   |
|   | Gross motor                        | Not sitting upright steadily   |   |   |
|   |                                    | Not crawling   |   |   |
|   |                                    | Unusual crawling pattern   |   |   |
| >2 years  |                                    | Not pulling up to standing   |   |   |
|   |                                    | Not rolling over   |   |   |
|   | Fine motor                         | <i>Unable to do the following:</i>   |   |   |
|   |                                    | Scribble   |   |   |
|   |                                    | Stack at least four blocks   |   |   |
|   |                                    | Put round or square pegs into holes  |   |   |
|   | Gross motor                        | Frequent falling and difficulty with stairs                                  |   |   |
| >3 years  |                                    | Cannot stand alone at 14 months  |   |   |
|   |                                    | Cannot walk by 18 months   |   |   |
|   |                                    | Fails to develop a mature heel-toe walking pattern Walks exclusively on toes |   |   |
|   |                                    | Not jumping by 30 months of age  |   |   |
|   |                                    | "Walking" their hands up their bodies to achieve a standing position         |   |   |
|   |                                    | Still "toeing in" at two years of age  |   |   |
|   |                                    | Unusual creeping patterns  |   |   |
| >4 years  | Fine motor                         | Cannot grasp a crayon between thumb and fingers                              |   |   |
|   |                                    | Cannot copy a circle   |   |   |
|   |                                    | Cannot stack 4 blocks  |   |   |
|   | Gross motor                        | Cannot jump in place   |   |   |
|   |                                    | Cannot ride a trike  |   |   |
| >5 years  |                                    | Cannot stand tandem  |   |   |
|   | Fine motor                         | Movements seem shaky or stiff  |   |   |
|   |                                    | Arms and hands seem very weak  |   |   |
|   |                                    | Is not able to cut a piece of paper with scissors                            |   |   |
|   |                                    | Cannot copy a cross (+)  |   |   |
|   |                                    | Is not able to draw a circle and straight lines                              |   |   |
|   | Gross motor                        | Stands out from the group in structured motor tasks                          |   |   |
| >5 years  |                                    | Difficulty getting up from floor   |   |   |
|   |                                    | Excessive slouching during sitting activities                                |   |   |
|   |                                    | Limping  |   |   |
|   |                                    | Cannot climb stairs alternating feet   |   |   |
|   |                                    | Cannot hop   |   |   |
|   | Fine motor                         | Movements seem shaky or stiff  |   |   |
|   |                                    | Arms and hands seem very weak  |   |   |
|   |                                    | Is not able to cut along a straight line                                     |   |   |
|   |                                    | Is not holding her crayons or pencils with her thumb and fingers             |   |   |
|   |                                    | Is not able to draw a circle, square and cross                               |   |   |
|   | Gross motor                        | Cannot hop on one foot   |   |   |
|   | Cannot jump                        |  |   |   |
|   | Cannot throw a ball                |  |   |   |
|   | Cannot bounce a ball               |  |   |   |
|   | Cannot skip                        |  |   |   |
|   | Cannot stand on one foot           |  |   |   |
|   | Cannot walk on a balance beam      |  |   |   |
|   | Fatigue during movement activities |  |   |   |